



# Gift Giving Ideas for ALL Seasons

## Winter Fun:

- skates
- ski wax
- snowshoes
- snowboards
- toboggans
- skis



## Clothes for Active Fun:

- neck warmers/ mittens/ toques/ goggles
- warm socks
- ear muffs or ear band
- polar fleece jacket / vest
- long underwear
- bandana
- funky hat / visor
- bathing suits / bathing caps / goggles
- running shoes / cleats
- wrist bands
- sport watches

## Camping & Hiking Equipment:

- compass
- headlight lamp
- backpack / fanny pack
- child backpack
- tent
- sleeping bag
- picnic gear (plastic cups, plates, etc)
- water bottles
- Thermos
- hot chocolate packs / tea



## On the Move:

- trail book / maps
- pedometers
- bicycle pump
- bicycle / tricycle
- child's seat for parent's bike
- jogging strollers
- in-line skates
- scooters
- skateboards



## Sporting Equipment:

- various balls: tennis, golf, soccer, basketball
- hockey pucks / hockey sticks / goalie net
- baseball / glove / bat
- tennis / badminton racquet

## Be Safe:

- Fox 40 whistle
- lifejackets / personal floatation devices
- helmets
- knee pads
- elbow pads
- reflective stickers / clothing
- sunblock for face/ lips
- foot lotion / special winter hand cream
- sunglasses / sunglass strings



## Tickets & Passes:

- passes for parks, pools, recreation centres, bowling
- gift certificates for sport lessons, league sports, dance lessons, skiing
- tickets to sporting events

## Active at Home:

- activity themed books
- hand weights
- exercise videos
- music to dance to
- skipping ropes
- rhythm dance ribbons
- hoola hoops
- discount store toys
- backyard ice hockey start up kit
- pool toys
- sidewalk chalk
- active games (Twister)
- ping pong table / paddles / net
- activity mats
- small basketball hoops
- small slides / swings
- badminton sets
- journal log book



A collaboration of Central West Public Health Physical Activity Promotion Network