

BIKE TIPS

BE VISIBLE. Wear bright clothing. Fluorescent orange or green are good. Consider using flash-flags and trail-marking ribbons.

BE PREDICTABLE. Use hand signals. Point where you are going—well in advance.

BE ALERT. Always think ahead. Pay attention to the road surface and the traffic ahead of you and behind you. Make eye-contact with the motorist entering the road. Learn to look behind you without swerving. If there is a paved shoulder, use it. On a narrow road, ride as far to the right as is practicable—which is usually about a meter from the edge. Turning left against traffic is always dangerous: plan for it. Assume that you must think for everyone and look at yourself through the motorist's eyes.