

Websites:

- **TRAX Project, Ecology Action Centre**
www.trax.ns.ca

TRAX works to promote sustainable transportation (public transit, cycling, walking, carpooling, vanpooling, or a combination of modes) in Nova Scotia through trip reduction programs, public education, advocacy and outreach. We aim to enhance air quality, reduce greenhouse gas emissions, make our communities safer and more just, and promote health and well-being of all citizens.

- **Atlantic Canada Cycling**
<http://atl-canadacycling.com/>

This is a great site for researching almost anything related to cycling whether it be Bike Shops, Bike Rentals, Atlantic Canadian Cyclists, Cycling Friends, Bicycle Clubs, Provincial Cycling Assc., Studies, Reports, Surveys, Activist Groups, Mass Rides, Touring Companies, Bicycle Couriers, Internet Publications, Cycling Software, Message Boards, etc.

- **Canadian Cycling Association**
<http://www.canadian-cycling.com/e2/index.htm>

The Canadian Cycling Association is the sum of its member provincial/territorial cycling associations, and governed by a board of directors comprising a president, five directors at large and a national team athlete director. Programs for athlete, coach, officials and event development are led by expert volunteers and staff. The association's national office is located in Ottawa.

Membership of individuals, clubs and trade teams is processed through the provincial/territorial associations.

- **BEST – Environmentally Sound Transportation**
<http://www.best.bc.ca/>

BEST strives to make our communities healthier places to live by promoting sustainable transportation and land-use planning, and pedestrian, cycling and transit-oriented neighbourhoods.

- **Bicycle Nova Scotia**

<http://www.bicycle.ns.ca/recreation/>

Bicycle Nova Scotia (BNS) is the coordinating body cycling in Nova Scotia. It is a volunteer-run not-for-profit organization. BNS has a volunteer board of directors who are elected by the membership. The board consists of the President, Treasurer, Registrar, Secretary, Male and Female Athlete Representatives, Provincial Chief Coach and the four sector vice-presidents of Road Racing, Mountain Bike Racing, Transportation & Touring and Education & Advocacy.

- **David Dermott - Cyclist**

<http://www3.ns.sympatico.ca/dermott/>

David is an avid cyclist, who documents most of his rides in Nova Scotia on his website.

- **Canada Trails: Bicycling in Nova Scotia**

http://www.canadatrails.ca/biking/bike_ns.html

Canada Trails is one of the largest directories of trail sports on the web. We have everything you need to know about self-propelled activities, including information on trails, clubs, events and related services. Regional maps show locations of major trails. Many of our trail listings include ratings submitted by visitors to the trails.

- **Canada Safety Council**

<http://www.safety-council.org/info/child/bicycle.htm>

The Canada Safety Council is a national, non-government, charitable organization dedicated to safety. Our mission is to lead in the national effort to reduce preventable deaths, injuries and economic loss in public and private places throughout Canada. We serve as a credible, reliable resource for safety information, education and awareness in all aspects of Canadian life - in traffic, at home, at work and at leisure.

Focusing on safety education as the key to long range reduction in avoidable deaths and injuries, the Council serves as a national resource for safety programs, working with and through partner organizations who deliver and/or fund these programs.

- **Citizens for Safe Cycling**

<http://www.cfsc.ottawa.on.ca/>

CfSC is the voluntary association of cyclists like you who work for better, safer, environmentally- friendly cycling in Ottawa.

Find out how to make your cycling more enjoyable, how to make your children's cycling safer, and what you can do about cycling problems. Have a great idea about improving cycling? Your comments and suggestions are always welcomed.