

Cycling Routes Important Contacts:

Emergency in Nova Scotia call 9-1-1
(Fire, Medical and Police emergency)

Police

- Annapolis Royal Police 1-902-532-2427
- Middleton RCMP 1-902-825-2000
- Bridgetown RCMP 1-902-665-4481
-

Recreation Departments in Annapolis County

- Annapolis County Recreation Services 1-902-532-2334
- Annapolis Royal Recreation 1-902-532-7667
- Middleton Recreation 1-902-825-6611

Hospital/Health Centres

- Annapolis Royal Community Health Centre 1-902-532-2381
- Middleton Soldiers Memorial Hospital 1-902-825-3411
- Digby General Hospital 1-902-245-2501

Nova Scotia Visitor Information Services

Toll free in North America

1-800-565-0000

Local and outside North America

902-425-5781

TDD service

902-492-4833

Fax

902-424-2668

Email

explore@gov.ns.ca

Visitor Information Centre in Annapolis Royal 1-902-532-5769

Visitor Information Centre in Bear River 1-902-467-3200

Visitor Information Centre in Bridgetown 1-902-665-5150

Visitor Information Centre in Middleton 1-902-825-4100

Visitor Information Centre in Kingston 1-902-765-6678

Places to buy Bicycles and Equipment in Annapolis County:

- **Home Hardware Annapolis Royal** (1-902-532-7080), **Bridgetown** (1-902-665-4359), **Middleton** (1-902-825-3444, **Digby** (1-902-245-4731)

- **The Pedal Stop Bicycle Repair** – Kingston – 1-902-765-0443
 - **Backstreet bicycles** – Digby – 1-902-245-1989
 - **Canadian Tire** – Digby – 1-902-245-2527
 - **Canadian Tire Greenwood** – 1-902-765-6338
-
- **Poison Info** – 1-800-565-8161
-
- **Environment** – 1-800-565-1633
-
- **Transportation and Public Works-** Roads, Highways and Bridges – **Annapolis West** 1-902-532-2844
Annapolis East 1-902-825-3395
-
- **Weather and Tide Information** – 1-877-775-0790 or 1-902-765-5040
-
- **Fire Hazard Information & Forest Fire Reporting**– 1-902-565-2224 – call this number to check for the most recent fire hazard index and/or to see if it is okay to have an open fire in the woods